

SEBASTIEN CHURCH

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Education

Carleton University

Class of 2027 (Fourth Year) ▪ Bachelor of Science Honours in Neuroscience and Mental Health with a minor in Forensic psychology

Recipient – Carleton University Entrance Scholarship; Bachelor of Science Entrance Scholarship; Additional Scholarship from Scholarship Partners Canada

- Former Competitive Athlete, Carleton Ravens Track and Field/ Cross Country Team

Ecole Secondaire Catholique Franco-Cité

Sept 2019 - June 2023 ▪ Ontario Secondary School Diploma (Honours)

- Student council member 2021 and 2022 (Grade 10 representative - 2021; Minister of Sports - 2022).
- Competitive Athlete, Track and Field/ Cross Country Team
- Competitive Athlete, Badminton Team (qualified for OFSAA where I placed in the top 10 of Ontario students for doubles)

Experience

Canadian Armed Forces Reserves Combat Medic in Training ▪ April 2026 – present

- Combat Medics work with a variety of health care professionals including Medical Officers, Physician Assistants, Nursing Officers and Paramedics to treat the sick and injured in various Canadian Armed Forces' operations and units. Combat medics provide initial care for patients and administer lifesaving interventions and treatments to trauma casualties in the field and in clinics.

Carleton University Student Emergency Response Team (CUSERT) ▪ Sept 2024 – present
Carleton University

- The Carleton University Student Emergency Response Team (CUSERT) is a volunteer campus emergency response team serving the Carleton University community. Volunteer member assisting emergency response on campus.

Summer Student Researcher at CMHA Ottawa ▪ June 2024 – Sept 2024 and June 2025- Sept 2025
Canadian Mental Health Association (CMHA)

- The 2024 volunteer placement was situated within the Diversity, Equity and Inclusion activities of CMHA Ottawa and builds on the DEI logic model work with a focus on staff training and support. Research was conducted on diversity, equity and inclusion matters in the delivery of

mental health services, under the supervision of Dr Maryann Roebuck and Dr Konrad Czechowski.

- The 2025 placement was focused on helping CMHA find resources to build an updated incident management platform to be able to address current and future needs of stakeholders.

Laboratory Assistant ▪ May 2025 – present
Carleton University Neuroscience laboratory

- Assisting a PhD student with cell quantification for a thesis investigating Unreinforced Spatial Learning and Memory in Rats using Massed or Spaced Training. Performed computer-assisted microscope analysis, including c-Fos quantification in defined brain regions, using Stereo Investigator software to mark and count cells accurately.

Vice President Marketing ▪ September 2025 – present
Medicine4youth Carleton University Chapter

- Managing sponsor relationships, coordinating events and activities through stakeholder communication, and developing partnerships with other university clubs.

Assistant Track and Field Coach ▪ Sept 2022 – Sept 2025
Grasshopper Hill Run Club

- Volunteer assistant coach for multiple Fall and Spring sessions of the Grasshopper Hill Run Club. Worked as a youth coach for this non-competitive community-oriented run club, which places an emphasis on fun and inclusion, and giving kids an opportunity to gain confidence in fundamental movement skills. Responsible for working with the lead coordinator to design and conducting active games and running activities for kids of various ages on a weekly basis.

Student Volunteer ▪ July 2019 – Aug 2023
RA Centre

- Volunteer counsellor and coach for various sessions of the youth badminton camps. During the summers of 2019 through 2023. Worked with my fellow counsellors to organize various games and sports activities for children and adolescents under the age of 16. lead the delivery of programming for groups of 20-30 children.

Summer Camp Counsellor ▪ July 2019 – Aug 2021
Camp des Faucons

- Volunteer camp counsellor for multiple sessions of Jeunesse Franco-Forme Camps des Faucons. JFF is a not-for-profit organization which offers courses and camps, as well as sports activities in French for youth and adolescents. Responsible for organizing games and sports activities for children of all ages. Worked closely with fellow counsellors, and the camp coordinator to ensure all children had a fun and engaging experience in an inclusive environment.

Skills

- Bilingual (French and English)
- Leveraging the strengths of others to achieve common goals
- Interpersonal skills to coach and develop others
- Working within a team structure
- Assessing situations to identify problems and evaluate solutions and make decisions
- Communication
- Community development
- Data analysis and data entry
- Experience with Microsoft Office Suite (word, Excel)
- R Studio

Certifications

- Emergency Medical Responder course – Canadian Armed Forces (Expires June 18th, 2029)
- First Responder Certification (Canadian Red Cross – Expires Oct 2027)
- Standard First Aid and CPR/AED Level C (Canadian Red Cross – Expires Nov 2028)
- Mental Health First Aid (Mental Health Commission of Canada – Issued Jan 2025)
- WHMIS certification

Laboratory Techniques

- c-Fos quantification using Stereo Investigator
- Computer-assisted microscopy
- EEG recording (undergraduate laboratory)
- DNA extraction and PCR
- Protein quantification methods
- Primer design (introductory level)
- Immunohistochemical staining
- Pipetting

References

Available upon request